

# September 2017

Monday 28	Tuesday 29	Wednesday 30	Thursday 31	Friday
B Breakfast Burrito or Cereal w/muffin, juice/fruit & milk L Grilled Cheese Sandwich, tomato soup, saltine crackers, fruit, pudding & milk – Egg Salad Sandwich, tomato soup, saltine crackers, fruit, pudding & milk	B Mini French Toast or Cereal w/cracker, juice/fruit & milk L Country Fried Beef Steak, mashed potatoes w/gravy, green peas, dinner roll, fruit & milk – Potato Bar–potato, taco meat, vegetable, cheese sauce, bread item, sour cream, margarine	B Cinnamon Roll or Cereal w/ cracker, string cheese, juice / fruit & milk L Pizza Slice, corn, fruit & milk – Buffalo Style Chicken Sticks, corn, fruit & milk	B Breakfast Pizza or Cereal w/cracker, juice/fruit & milk L Macaroni & Cheese, carrots, fruit, wg bread & milk – Fish Sandwich, carrots, fruit & milk	B Sausage Gravy w/ biscuit or Cereal w/cracker, juice/fruit & milk L Chicken Fajita Wraps, green beans, cottage cheese, fruit, cracker & milk – Popcorn Shrimp, green beans, cottage cheese, fruit, cracker & milk
L No School--Labor Day	B Breakfast Bites or Cereat w/ cracker, juice/fruit & milk L BLT Salad, Fruit/Veggie Bar, Milk L Cheeseburger Sandwich, fries, cole slaw, fruit & milk	B Breakfast Pizza or Cereal, cracker, juice/fruit & milk L Buffalo Chicken Wrap, Fruit/Veggie Bar, Milk L Taco Bar, Fruit/Veggie Bar, Milk	B Sausage Gravy w/ biscuit or Cereal w/cracker, juice/fruit & milk L Chicken Caesar Salad, Fruit/Veggie Bar, Milk L Sweet & Sour Chicken w/ rice (Egg Roll - HS ONLY), oriental vegetables, fruit and milk	B Dutch Waffle or Cereal w/cracker juice/fruit & milk L Fajita Chicken Wrap, Fruit/Veggie Bar and Milk L Pepperoni Calzone, Green Beans, Apple Crisp, Fruit/Veggie Bar , Milk
B Pancake On A Stick or Cereal, cracker, juice/fruit & milk L Chicken & Noodles, mashed potatoes, corn, fruit, dinner roll & milk (Peanut Butter: HS ONLY) L Italian Sub Wrap, Fruit/Veggie Bar and Milk	B Egg, Sausage & Cheese on English Muffin or Cereal w/ Cracker, juice/fruit & milk L Crispy Chicken Salad, Fruit/Veggie Bar and Milk L Meatball Sub, California Blend, Fruit, Cookie and Milk	B Breakfast Pizza or Cereal, cracker, juice/fruit & milk L Asian Chicken Wrap, Fruit/Veggie Bar and Milk L Potato Bar--potato, taco meat, broccoli, cheese sauce, soft pretzel, sour cream, margarine	B Eggstravaganza or Cereal, dunkin donut, juice/fruit & milk L Chicken Parmesan w/galic bread, caesar salad, fruit and milk L Fajita Chicken Salad, Fruit/Veggie Bar and Milk	L No School for Students--Teacher's Only
B Fruit Frudel or Cereal w/banana loaf, juice/fruit & milk L Baked Chicken, mashed potatoes, gravy, corn, fruit, dinner roll & milk L Ham & Cheese Wrap, Fruit/Veggie Bar and Milk	B Omelet or Cereal, toast, juice/fruit & milk L BLT Salad, Fruit/Veggie Bar, Milk L Sloppy Joe Sandwich w/ chips, green beans, fruit & milk	B Breakfast Pizza or Cereal, cracker, juice/fruit & milk L Buffalo Chicken Wrap, Fruit/Veggie Bar, Milk L Pasta Bar, Fruit/Veggie Bar, and Milk (Bosco Stick: HS ONLY)	B Sausage Gravy w/ biscuit or Cereal w/cracker, juice/fruit & milk L Chicken Caesar Salad, Fruit/Veggie Bar, Milk L Chicken Smackers w/ garlic bread, french fries, fruit/veggie bar & milk	B Mini Waffles or Cereal w/cracker, juice/fruit & milk L Fajita Chicken Wrap, Fruit/Veggie Bar and Milk L Fish Sandwich, coleslaw, baked beans, apple crisp, fruit/veggie bar and milk
B Breakfast Burrito or Cereal w/muffin, juice/fruit & milk L Asian Chicken Wrap, Fruit/Veggie Bar and Milk L Breaded Tenderloin Sandwich, Sweet Potato Tots, Fruit/Veggie Bar and milk	B Cinnamon Roll or Cereal w/ cracker, string cheese, juice / fruit & milk L Chicken Breast w/ roll, Baby Bakers, Peas, Fruit and Milk L Crispy Chicken Salad, Fruit/Veggie Bar and Milk	B Breakfast Pizza or Cereal, cracker, juice/fruit & milk L Breakfast For Lunch, Tri Tators, Fruit Juice, Fruit/Veggie Bar, and Milk L Italian Sub Wrap, Fruit/Veggie Bar and Milk	B Eggstravaganza or Cereal, dunkin donut, juice/fruit & milk L Chicken Sandwich, chips, corn, fruit and milk L Fajita Chicken Salad, Fruit/Veggie Bar and Milk	B Mini Pancakes or Cereal w/cracker, juice/fruit & milk L Big Daddy Pizza, Green Beans, Cookie, Fruit/Veggie Bar and Milk L Chicken Bacon Ranch Wrap, Fruit/Veggie Bar and Milk

**PB & J UNCRUSTABLE OFFERED DAILY AS AN ALTERNATE MAIN LUNCH**  
**FRUIT/VEGGIE BAR IS OFFERED TO STUDENTS THAT EAT A SCHOOL LUNCH**  
**MENU SUBJECT TO CHANGE**      **BREAKFAST SERVED 7:45-8:00**  
**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**